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Arterial to ETCO₂ difference in patients with acute renal failure

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A B S T R A C T

One of the most common disorders in patients with renal failure is metabolic acidosis, and if that is refractory to medical therapy, is indicated for initiation of dialysis treatment. There are challenges on how to measure acidosis-y-alkalosis levels. Capnography is non-invasive device to measure end-tidal carbon dioxide partial pressure. The aim of this study was to investigate the relationship between the levels of end-tidal carbon dioxide acidosis with acidosis level in patients with acute renal failure. In a cross-sectional and descriptive - analytical study that performed in emergency ward of Tabriz University of Medical Sciences on patients with renal failure, correlation of end-tidal carbon dioxide levels with acidosis level in patients with acute renal failure evaluated. 12(55.6%) of patients were male and 12(44.4%) of them were female. Mean age of male patients was 56.69 ± 21.77 year and in female patients was 55.756 ± 12.90 year. Mean CO₂ level with Capnography in patients was 16.03 ± 6.57 and mean CO₂ level with ABG in patients was 26.85 ± 5.55 . Significant direct liner correlation was found between CO₂ level with Capnography with PH, PCO₂, HCO₃ and BE level in ABG. In patients with acute renal failure, Cut-off-Point ET-CO₂ with Ph=7.3 and Hco3=15 Was calculated 24.

Introduction

ARF (Acute Renal Failure) is referred to the rapid decline of kidney function that causes the retention of nitrogenous substances and blood biochemical disorder so that an increase in serum Creatinine and blood urea is its symptoms (1-3).

The risk of ARF (Acute renal failure) will be considered, if the serum Creatinine level is twice the maximum of normal (considering the age) (4). Although the most prominent symptoms of acute renal failure are anuria and oliguria, but they are found in less than

half of ARF patients (5). The incidence of AKI (Acute kidney injury) has been recently replaced to the ARF and its prevalence is reported as 25/0% in normal population, 18% in hospitalized patients and 30-60% in critically ill patients. The prevalence of AKI is equal to the MI (Myocardial infarction) incidence (7). The AKI is independently associated with the increased risk of death which is linearly dependent on the severity of AKI (8). The high rate of mortality (28%) is observed in the AKI patients hospitalized in ICU compared with the patients without a diagnosis of AKI (8.1%). Furthermore, the hospitalization period for the AKI patients is more (7days vs. 3 days) (9). ABG (Arterial Blood Gas) sampling is an invasive and painful procedure for the patient which is also time-consuming for the medical staff (5).

This approach sometimes leads to spasms, and damage to the artery wall. Absolute contraindications for ABG sampling include the following:

Insufficiency of blood flow in the distal extremities, Reynaud's syndrome, Burger's disease and full-thickness burn Relative contraindications for ABG sampling include the following:

Previous surgery in the mentioned area (particularly Cut Down), coagulation disorders, skin infections in the mentioned area and atherosclerosis (11)

The end-tidal partial pressure of carbon dioxide (ETCO₂) has a closely relationship with arterial carbon dioxide pressure. The relationship been approved with Capnography through the nose in normal children has. This relationship has also been confirmed in DKA (diabetic ketoacidosis) children who have a substantial drop in arterial CO₂ levels. Patients with

metabolic acidosis have deep and rapid ventilation which leads to a fall in alveolar CO₂ pressure and also reducing the amount of CO₂ in arterial pressure. This compensatory response could reduce the acidemia severity which is considered as a predictable method. Based on this close relationship, ETCO₂ could be used in order to determine the severity of acidosis in patients with metabolic acidosis.

Capnography is a non-invasive device to measure ETCO₂. It has a connector which is attached into the intubated patients' endotracheal tube and near the non-intubated patients' mouth. Information obtained from the probe is collected by the sensors and would be analyzed by the device and finally the results (respiratory rate in 1 minute, the end-tidal pressure of carbon dioxide) would be displayed in monitor. However, in Emergency hospitals the Capnography is not used as a routine, non-invasive method for assessing ventilation in emergency hospitals (12). Although most of these researches have been conducted on the pediatric age group or further studies in larger sample size has been suggested, the Capnography is still recommended as a non-invasive and readily available method to evaluate the presence and severity of acidosis. However, no study has been conducted to examine the relationship between the levels of ETCO₂ by use of Capnography and the need for emergency dialysis on the patients with renal insufficiency.

Whereas the ABG sampling is an invasive and painful procedure for the patient which is also expensive method or time-consuming for the medical staff and also it could be occasionally associated with an increased patient morbidity, thus in this research it was decided to investigate the association between the severity of acidosis and ETCO₂

levels and also the need for emergency dialysis for the patients with renal insufficiency hospitalized in the emergency ward of Imam Reza hospital at Tabriz.

The aim of this study was to investigate the relationship between the levels of end-tidal carbon dioxide with the acidosis severity on the patients with acute renal insufficiency.

Materials and methods

In a descriptive prospective study conducted in Emergency Department at Medical Sciences of Tabriz University on the patients with renal insufficiency, the relationship between the (ETCO₂) level with the acidosis severity and also the need for emergency dialysis on the patients with acute renal insufficiency. According to the study criteria, 27 patients were selected among patients with acute renal insufficiency and enrolled to this research. In this study, all patients were candidates for emergency dialysis. In this study, after recording the vital signs and obtaining the written consent, all patients who were candidates for emergency dialysis were enrolled.

Capnometry was initially performed by use of the portable Capnography device in the emergency ward (respiratorics) and the (ETCO₂) level was recorded. The ABG sampling and the Capnography were simultaneously performed for all patients. The calibrate ABG device was used for ABG analysis in all cases. Capnography device was calibrated by experts and Capnometry was performed for all the patients.

The Exclusion criteria included the following:

The cases with high blood sugar level over 200, pulmonary edema and COPD patients.

Then the levels of electrolytes, urea and Creatinine were measured and recorded. The blood PH level and acidosis rate were measured by use of the arterial blood gas analyzer machine after obtaining the ABG or VBG and the results were recorded. There was no ethical problem due to the noninvasive interventions performed in our study.

Result and Discussion

In this study, a comparison was made between levels of ETCO₂ and arterial blood bicarbonate in 27 patients visiting the emergency department of Imam Reza Hospital. The patients were experiencing acute renal failure with metabolic acidosis and the following results were obtained following the comparison:

Of the patients under study, 15 patients (55.6%) were male and 12 (44.4%) were female. The mean age of male and female patients was 56.69 ± 21.77 years and 55.75 ± 12.90 years, respectively ($P=0.898$) (Diagram I).

The CO₂ levels of patients measured through Capnography and ABG were 16.03 ± 6.57 and 26.85 ± 5.55 , respectively ($P<0.001$). Capnography showed a CO₂ level that was significantly 10.81 ± 5.31 units less than the value obtained through ABG (Arterial Blood Gas).

The relationship of CO₂ level measured through Capnography with PH levels ($P=0.216$ and $r=0.246$), PCO₂ levels ($P<0.001$ and $r=0.628$), HCO₃ levels ($P<0.001$ and $r=0.745$), and BE levels ($P=0.052$ and $r=0.401$) of arterial blood of participants was found to be a linear direct significant relationship.

Table I presents experimental findings obtained from patients while Diagram II

shows the range of CO₂ levels of patients measured through Capnography and ABG. The cut-off point of ETCO₂ levels calculated for PH=7.3 and HCO₃=15 using the ROC curve was 24 in patients with acute renal failure (Diagrams III and IV).

Metabolic acidosis is commonly determined using the ABG method, but taking arterial blood samples is an aggressive, painful, time-consuming and costly method with side effects. Hence, it sounds rational to employ an alternative non-aggressive method to determine the presence of metabolic acidosis. The natural balance between acids and bases is vital to proper function of cells. The balance is maintained by lungs, kidneys, and serum physiological buffers. Disorders such as vomiting, diarrhea, respiratory failure, and renal dysfunction as well as intake of toxic substances can disturb the balance between acids and bases and thus endanger human life. Therefore, proper diagnosis and treatment of these life threatening factors is only possible by measuring and calculating acids and bases contents. In case of acid-base imbalance, it is necessary to take quicker and further actions and even hospitalize the patient.

Review of previous research suggests that Capnography is recommended as a non-aggressive and available means of assessing the presence and intensity of acidosis (13). Today, Capnography is considered a valuable method for diagnosis and effective treatment of some critical conditions such as bronchospasm, the need for muscle relaxants in unconscious patients, central apnea, and assessment of respiration using bags and masks (14-18).

Moreover, ABG is costly for patients and time-consuming for emergency department personnel. It is also an aggressive and painful procedure and sometimes even leads to an increase in morbidity of patients.

Hence, it sounds rational to replace this method with a non-aggressive means of assessing the presence and intensity of acidosis in patients.

Nagler et al. analyzed the relationship between the levels of PETCO₂ and serum bicarbonate for concentrations less than 17, 15 and 13 through Capnography. They stated that there is a significant direct relationship between these two variables. They also recommended using Capnography as a non-aggressive means of assessing the intensity of acidosis in children with gastroenteritis (19).

Fauzia Aniskhan et al. analyzed the results of arterial blood sample examinations to determine the levels of CO₂ through Capnography. They stated that there is a moderate relationship between PaCO₂ and ETCO₂ and suggested that this relationship requires complementary research on more samples (20).

Hasani et al. carried out a study on 40 patients under CABG and examined levels of PaCO₂ and ETCO₂. They stated that there is a significant direct relationship between the aforementioned two parameters before and after operations ($r=0.754$ and $r=0.685$). They suggested that it is possible to measure PaCO₂ through Capnography instead of taking arterial blood samples (21).

The present study revealed the existence of a significant direct relationship between levels of CO₂ obtained through Capnography and levels of PCO₂ of arterial blood samples ($P<0.001$ and $r=0.628$).

Mutlu Kartal et al. conducted a study on non-intubated patients with metabolic acidosis and examined the levels of ETCO₂, PaCO₂ and HCO₃. These researchers reported a moderate relationship between the aforementioned parameters.

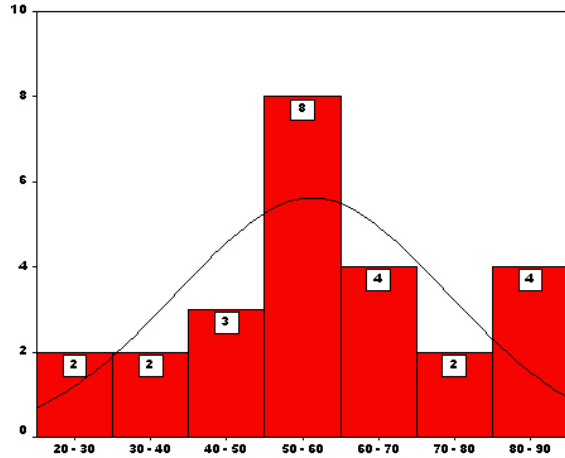


Diagram I: Age distribution of patients

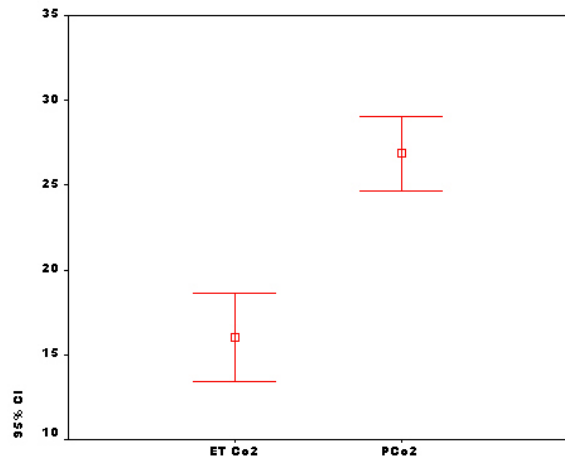


Diagram II: Distribution of ETCo₂ and PCO₂ of patient with metabolic acidosis due to renal failure

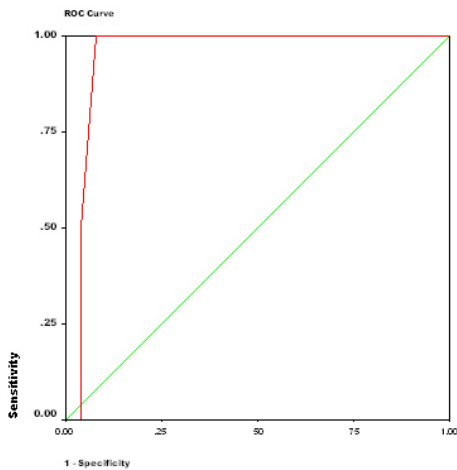


Diagram III: ROC diagram of ETCo₂ of patient with ARF base on PH=7.3(Cut off point=24)

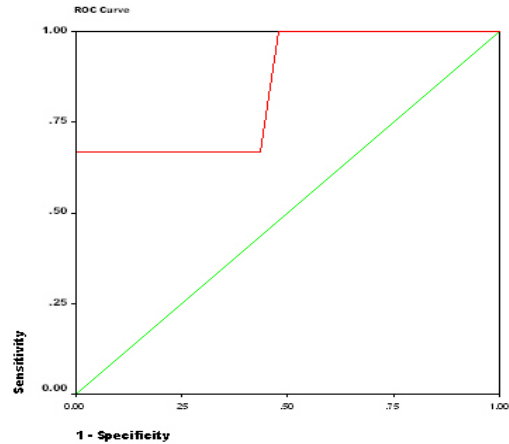


Diagram IV: ROC diagram of ETCo₂ of patient with ARF base on HCo₃=15(Cut off point=24)

They concluded that it is possible to predict metabolic acidosis and mortality of patients using ETCo₂ levels (22).

Solana Garcia et al. recommended using Capnography as a non-aggressive means of measuring acidosis in children suffering from acute diarrhea and dehydration (23). In another study by Dierdre et al. the levels of ETCo₂ was measured in patients susceptible to DKA (Diabetic Ketoacidosis). They stated that there is a significant relationship between ETCo₂ and blood bicarbonate in patients with DKA (24).

The present study also showed a significant direct relationship between levels of CO₂ obtained through Capnography and HCO₃ of arterial blood (P<0.001 and r=0.745). Agus et al. studied Capnography results to determine the intensity of acidosis in patients susceptible to DKA (25). In another study by Gilhorta et al., the results of Capnography and VBG of participants were examined. These researchers argued that a combination of Capnography and clinical assessments may help predict DKA. They concluded that more studies with more samples were required to be able to extend the results (26).

Table.I Laboratory finding of patients with acute renal failure

	Gender		P
	Male	Female	
HB	9.96 ± 2.02	11.71 ± 1.44	0.018
BUN	142.93 ± 84.35	163.67 ± 88.68	0.541
Cr	10.57 ± 5.19	8.54 ± 3.88	0.271
Na ⁺	137.93 ± 4.43	138.92 ± 5.76	0.620
K ⁺	5.49 ± .71	5.55 ± .82	0.849
BS	133.79 ± 44.24	113.70 ± 28.79	0.192
PH	7.23 ± .19	7.22 ± .09	0.854
HCO ₃	10.77 ± 3.98	11.85 ± 2.98	0.457
PCO ₂	26.17 ± 5.57	27.71 ± 5.67	0.487
BE	-15.01 ± 5.06	-11.91 ± 10.24	0.337

Conclusion

The mean levels of CO₂ obtained through Capnography and ABG were 16.03 ± 6.57 and 26.85 ± 5.55, respectively. The mean level of CO₂ of patients measured through Capnography was significantly less than the level of CO₂ obtained through ABG. The level of CO₂ of patients measured through Capnography is significantly 10.81 ± 5.31 units less than results of ABG. In addition, the relationship of CO₂ levels with levels of PH, PCO₂, BE, and HCO₃ of arterial blood samples was shown to be direct and significant.

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